

## Tips for Parents from the School Nurse's Office

Many parents ask, "When is my child sick enough to stay home from school?"

This is not always an easy question to answer! I hope that these tips can help.

A child who is sick will not be able to perform well in school and is likely to spread illness to other children and staff. We suggest making a plan for childcare ahead of time so you will not be caught without a comforting place for your child to stay if he/she is ill.

Our school policy is that you should not send your child to school if he/she has:

- Fever in the past 24 hours. To return to school, your child must be fever free for 24 hours without using fever reducing medication.
- Vomiting in the past 24 hours
- Diarrhea in the past 24 hours
- Chills
- Sore throat
- Strep Throat. To return to school, your child must have been taking an antibiotic for at least 24 hours and be fever free.
- Conjunctivitis (pink eye). To return to school, your child must have been taking prescription eye drops for at least 24 hours.
- Head lice. Your child must have been treated, and rechecked by the nurse before returning to school.

What if my child needs medication during the school day?

**All medications, including over the counter medication, require a "Parent and Prescriber's Authorization for Administration of Medication in School" form on file in the nurse's office.**

This form is located on the school's homepage under Nurse's Corner.

The medication must be in the original container and be brought to the school nurse by an adult.

Please call the school nurse if you have any questions, or concerns.

Thank you for your help in making Pulaski Road School a Healthy Place where your child can grow and learn.

*Mrs. Firone*

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Pulaski Road School

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